



# Garden Grove Shotokan

# SUNDAY

# KATA PRACTICE

1 PM – 3 PM



**Focus on  
Beginners  
& Intermediate  
Also  
Advanced**

## For Info

GG Dojo 714-539-5161

Fred Tarnay 714 771-7751

- The objectives of this class are to support the kata instruction during the weekday classes and to provide the student with an opportunity to do a large number of repetitions in a structured environment.
- The class takes into consideration the current level of all students
  - Work on current Katas
  - Practice new Katas and Favorite Kata
  - Opportunity to prepare for Grading